



List of French language schools/associations and resources for French language learning



LEARN FRENCH

and have fun :)

In this booklet, you will find a list of French language schools/associations and some resources for French language learning:

- for all learners
- for Chinese Beginners
- for Japanese Beginners
- and a few learning tips



Welcome Office - Agence Iter France - CEA

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LIST OF FRENCH LANGUAGE SCHOOLS/ASSOCIATIONS

** Note that IPAs, DA members or Visiting Researchers do not have access to onsite French classes. Information, registration and payments are made directly with the schools.*

➤ In Manosque:

- **GRETA**

GRETA can provide you with French group classes (day and evening) if there is 8 people minimum registered - 9,50€/hour

Contact: greta.antenne.manosque@ac-aix-marseille.fr

- **AVF Manosque (Accueil des Villes Françaises)**

AVF offers Free French classes to Foreigners.

Tuesday and Friday from 9 to 10am the classes are held in the AVF premises : 31 rue Grande in Manosque.

Tuesday and Thursday afternoon, at 39 rue Grande in Manosque

Contact: avfmanosque@orange.fr / 04.92.72.16.41 / AVF.asso.fr/manosque/

- **CBC Compétences +**

CBC Compétences + provides French classes 2 hours/week

Tél: 04 92 72 64 63/ cbc.compencesemploi@gmail.com / CBC-competences.com

- **DATHOS**

Qualified and experienced French Teacher (currently teaching at ITER headquarters) offers French courses to Foreigners. Distance learning and face-to-face learning possible in Mirabeau. Small groups or individual teaching. Day courses, or, for employees also possible before or after the working day, or at lunchtime.

Contact : dathoscontact@gmail.com or Dathos.fr

- **Pain au Chocolat (Conversation group open to all French language learners)**

Marcela welcomes all the French learners on Tuesday mornings from 9:30 to 11:00am at 9 Boulevard Casimir Pelloutier in Manosque

Tél : 06 16 51 63 58 - marcc02@hotmail.com

➤ **In Vinon-sur-Verdon**

- **La Maison du Partage in Vinon sur Verdon**

This association offers French classes to Foreigners.

Contact: Mrs Chauchard Tél. 04 92 79 34 62 / csc.maisondupartage@orange.fr
vinon-sur-verdon.fr/centre-social-culturel-maison-partage

➤ **In Aix-en-Provence**

- **SUFLE of the Aix Marseille University**

The SUFLE is the University Department of French as a Foreign Language

Contact: Audrey Tuccelli 04 13 55 32 17 / sufle@univ-amu.fr /
sufle.univ-amu.fr

- **Alliance Française in Aix-Marseille Provence**

The Alliance Française Aix-Marseille Provence offers group courses, one-to-one lessons and courses for professionals all year long, from level A1 to level C1.

Contact: +33 (0)9 73 10 43 91 / afaixmarseille.org

- **IS**

IS is an international French language school for adults

Contact: +33 4 42 93 47 90 / info@is-aix.com / is-aix.com

- **Destination Français**

This French language school in Aix-en-Provence provides contextual classes

Contact : Fabienne 06 61 75 77 09 / Chantal 06 89 36 76 99 /
info@destinationfrancais.com / destinationfrancais.com

- **American Center**

This language training centre has face-to-face and e-learning programs available to learn French.

Contact: 04 88 92 71 95/ info@americancenter.fr / americancenter.fr

- **La Maison de l'Espagne**

This Hispanic centre also includes a language school that offers French classes on Saturday morning and evening on weekdays.

Contact: Tél : 04 42 21 21 11 or 06 68 79 94 05 / contact@maison-espagne.com /
Irene Sanchez: espagnol.mde@gmail.com / maison-espagne.com

- **French Services**

This teacher offers remote French lessons for adults and teenagers

Contact: Caroline 04 42 11 84 04/ French.services@orange.fr

➤ **In Provence**

- **CREA-LANGUES** proposes intensive programs in total immersion from 1 to 3 weeks at the Monastère de Ségriès near Moustiers Sainte Marie
Contact: info@crea-langues.com / crealangues.com
- **DESTINATION LANGUES** is a specialized French language school that offers online programs
Contact: 04 13 63 74 56 / destinationlangues.com
- **EXPATRIACTION** proposes activities and French classes for expats
Contact: Isabelle 06 78 78 87 58 / isabelle.voisin@expatriaction.fr
- **MILLEFEUILLE PROVENCE** offers distance learning programs by week
Contact: info@millefeuille-provence.com / millefeuille-provence.com

➤ **Distance learning teachers**

- **Annie Moisset**, experienced French teacher, formerly teaching on ITER site, offers French courses for foreigners on Skype, all levels, preparation for exams.
Contact: annmoisset@gmail.com / Tél: 06 24 88 12 20
- **ABC LANGUES** offers French, English, Spanish and Portuguese language classes online. They offer 30 minutes free for the ITER's staff!
Contact: Céline 0750204817/ contact@abclangues.com / <https://abclangues.com>

SOME RESOURCES FOR FRENCH LANGUAGE LEARNING FOR ALL LEARNERS

FOR BEGINNERS:

- <https://www.french.hku.hk/copy-of-french-songs-lyrics-1> (pronunciation, vocabulary, communication and grammar for early learners)
- <http://phonetique.free.fr/> (phonetic exercises)
- <http://lexiquefle.free.fr/> (alphabet, numbers, vocabulary for beginners...)
- <https://www.thefrenchexperiment.com/>
- <https://www.podcastfrancaisfacile.com/> (dialogues for beginners or more Advanced levels)
- <https://www.francaisfacile.com/cours/cours-fle.php> (FLE classes with vocabulary, grammar etc.)

ALL LEVELS:

- FUN-MOOC vivre en France - niveau A1 A2 et B1
- https://www.lepointdufle.net/p/apprendre_le_francais.htm
- <http://www.bonjourdefrance.com/>
- JeuxTV5 Monde: <http://parlons-francais.tv5monde.com/webdocumentaires-pour-apprendre-le-francais/Jeux/p-90-lg0-Tous-les-jeux.htm>
- TV5 Monde Workshops: <http://parlons-francais.tv5monde.com/webdocumentaires-pour-apprendre-le-francais/Ateliers-de-francais/p-89-lg0-Tous-les-ateliers.htm>
- [48 Minutes of Intermediate French Listening Comprehension](#) video FrenchPod101

APPS AND WEBSITES:

- Babbel: www.babbel.com/
- Duolingo: www.duolingo.com/
- Memrise: www.memrise.com/
- Alexa: learnfrenchwithalexa.com + [Youtube channel](#)
- <https://www.frenchpod101.com/>
- French4me: www.french4me.net more than 800 courses to learn French at your pace

WEBSITES WITH VIDEOS:

- Bbc Video Ma France: <http://www.bbc.co.uk/languages/french/mafrance/>
- TV5Mondevideos: <http://apprendre.tv5monde.com/fr> (in particular, « 7 jours sur la planète » for more advanced levels).
- Videos with subtitles: <http://www.linguo.tv/>

PODCASTS:

- Coffee Break ACADEMY: <https://coffeebreakacademy.com/p/coffee-break-french-to-go-season1/> / <https://radiolingua.com/tag/cbf-season-1/?order=asc>

BOOKS:

- Complete French Grammar (Practice Makes Perfect) by Annie HEMINWAY
- French Beginners, Workbook Assimil (200 exercices + answers) by Demonstrond-Box
- **In Russian** : Ivanchenko-A.-Grammatika-frantsuzskogo-yazyka-v-uprazhneniyakh

SOME RESOURCES FOR FRENCH LANGUAGE LEARNING FOR CHINESE BEGINNERS

Textbook (grammar included)

《你好, 法语 taxi》, 《走遍法国 Reflets》, 《简明法语》

Dictionary

App: 法语助手, 沪江小D 词典

Website: <https://www.frdic.com/>, <https://dict.hjenglish.com/>

Vocabulary

App: 沪江开心词场, 多邻国

Website: there are web versions for each app given above.

Listening

App: 每日法语听力 (there are tremendous resources for listening with different difficulty levels)

Website: <https://www.frdic.com/ting> (webversion of 每日法语听力)
www.frdic.com/ting/article?id=4199e006-5b42-4d89-a6d1-49ba578c3358

YouTube

Strongly recommend the teaching videos on YouTube (for textbook 《你好, 法语 taxi A1》)

<https://www.youtube.com/user/hokitty126/playlists>



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刘雯雯A1"TAxi"Unité4-6



刘雯雯A1"TAxi"Unité1-3



刘雯雯A0语音部分

SOME RESOURCES FOR FRENCH LANGUAGE LEARNING FOR JAPANESE BEGINNERS

1. Nagasaki University of Foreign Studies
 - ② [Web En Paroles \(How to use\)](#)
 - ② [戸口民也先生のWebサイト](#)
2. Tokyo University of Foreign Studies
 - ② [東京外国語大学言語モジュール](#)
3. Osaka Prefecture University
 - ② [ポッドキャストと行くフランス旅行! \(contents\)](#)
4. Kobe University
 - ② [フラ単~フランス語 単語練習WEBアプリ~](#)
 - ② [フラ動~フランス語の動詞を学ぼう!~](#)
5. Osaka University
 - ② [フランス文法練習問題『新きりとりテスト 10分間でフランス語』 準拠](#)
 - ② [数字の聞き取り](#)
6. Sachiko Komatsu-Delmaire (Ochanomizu University)
 - ② [Chez nous](#)
7. Osakafu University Podcast french lesson._
<http://www.las.osakafu-u.ac.jp/podcast-lang/travel/index.html>

Je vais en France avec le podcast!
<http://www.las.osakafu-u.ac.jp/podcast-lang/fr/travel/rss.xml>
8. EFY Français Yokohama ([link](#))
 - ② [Apprenez le français avec VINCENT DURRENBERGER \(contents\)](#)
9. APEF (Association pour la Promotion de l'Enseignement du Français au Japon)
 - ② [学習のツボ](#)
10. NHK
 - ② [まいにちフランス語](#)
 - ② NHK radio French course : [NHK WORLD - French](#)
11. Prof. TOGUCHI's web page._
<http://www.nagasaki-gaigo.ac.jp/toguchi/>

12. Web Dictionary

- [!\[\]\(52f8f8b98f8396d4f92059ff19d41332_img.jpg\) 仏和辞典Web](#)
- [!\[\]\(e5f96594470bce765690acf8b7456284_img.jpg\) 日仏辞典](#)
- [!\[\]\(ea1ce5c2068d3299b48093f9d54e8ff2_img.jpg\) Le Dictionnaire](#)

13. Grammar

- [!\[\]\(5c7a31d6d4c42ceb74f6bebcd23d135b_img.jpg\) グラメール アクティヴ](#)
- [!\[\]\(103cbb45704d35abee11a17d928d112a_img.jpg\) Le Point de FLE](#)
- [!\[\]\(f2a7d022cb64db9eabeed9791658cced_img.jpg\) Kitakama – cours de grammaire française :
<http://class.kitakama-france.com/index.php?FrontPage>](#)

14. Pronunciation

- [!\[\]\(a3e353064d49518eba7215674cc53044_img.jpg\) 日本人のためのフランス語入門](#)
- [!\[\]\(e62391daf7cd84201aa45f7a0e5f66a7_img.jpg\) Forvo](#)

15. Conjugaison

- [!\[\]\(6c2f23024eecffbc3f38b5f281930737_img.jpg\) Conju フランス語動詞活用表検索](#)
- [!\[\]\(11a9b9e183d576db28711472ed0bb15e_img.jpg\) Le Conjugueur](#)
- [!\[\]\(05d92197c6c06aeeea8960de27a7eb42_img.jpg\) <http://conjugaison.french-benkyo.com/>](#)

16. French learner's community

- [!\[\]\(c3e7bc3bc7da093b811c5d01744dd350_img.jpg\) Asseux \[アスエ\]](#)

17. Japanese French Learner's sites

- [!\[\]\(5c758da1fe7bd907e83e3be3e175ae69_img.jpg\) フランス語のおべんきょ! - Au Pays de Neige](#)
- [!\[\]\(1a445829bc20fc16bc9edbdf23079799_img.jpg\) フランス語の扉を開こう~ペンギンと](#)
- [!\[\]\(2c2ab4e8cad577d15d42379c87301cbe_img.jpg\) 眠れる森のフランス語](#)
- [!\[\]\(0b914ae075f70cad3c679383f4776389_img.jpg\) フラ勉](#)
- [!\[\]\(f1e576b196ac81b8346d42b3cdf49c43_img.jpg\) フランス語学習サイト](#)

18. Books

CD BOOK たったの72パターンでこんなに話せるフランス語会話
<http://www.asuka-g.co.jp/book/language/004640.html>

NHK CD book
<https://www.nhk-book.co.jp/detail/000000395692014.html>

A FEW LEARNING TIPS

❖ **Experiment and take risks**

Don't be afraid to make mistakes because you will learn from them. Test a new word, one sentence in conversation every day. The best way to learn something new is to practice it right away.

❖ **Make sure to listen.**

Even though you will not understand everything, there is still a huge benefit in listening to other people converse in French. You get a better idea of the "flow" of the language and gradually you will pick up new words and the structure of the language.

❖ **Incorporate studying into your daily routine**

Try to make a point to include some form of French in your day. It is more efficient to break study time into smaller chunks than study infrequently for long periods.

❖ **Vary the ways you practice** to keep your motivation level up.

You do not want to get bored by doing the same thing every day. Besides and very important, by varying the way you learn, you are using different parts of your brain, which helps you not only learn faster, but retain it much more effectively as well.

❖ **Be proactive in your language learning**

You will not speak French fluently just by attending a course. Develop an organized approach to your language learning. Develop your own personal system: find out about your learning style, use whatever strategies or techniques fit you best: mind-mapping, flash-cards, mnemonics..

❖ **Use the internet** to practice authentic, up-to-date language material. Go to French pages on the net and practice your skills.

❖ **Make the most of Learning Resources**

Borrow some support materials. Books, audio-CDs, CD-ROMs, films are available in the multimedia room

❖ **Set realistic expectations**

It takes time and persistence to become proficient in French and expect periods when you do not seem to be making much progress.

And remember that your motivation is the most important part of the learning process!

BON COURAGE!

The Welcome Office Team

